



# OLTOA

Outdoor Leader Trainers of America



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Dear Kayak Enthusiast,

Thank you for your interest in enrolling in the ACA L-3 Coastal Kayak Instructor Certification Exam in Topsham Maine on August 14-16<sup>th</sup>. This program is designed for experienced ACA Kayaker Instructors who feel that they are ready to teach coastal kayaking in a Level 3 ocean environment.

To participate in this workshop you must be a currently certified ACA Level 2 EOKT Kayak instructor who has passed a Level 3 Coastal Kayak Skills Assessment. (We are offering the skills assessment on May 4<sup>th</sup>, 2019).

This workshop is designed to test your kayaking, leadership, and teaching skills as well as assess your ability to teach, lead, and rescue your students in a Level 3 CK environment. If you are questioning whether or not you are ready to take this workshop, please give us a call and we can help you figure it out.

We will plan to meet at the course location at 0800 sharp on the first day of the workshop. We will carpool to other locations from there. This workshop will demand your full mental and physical attention for the duration of the course. We recommend that you keep your evening options open for study and reflection. During this workshop you will be asked to teach segments and lead sections of open water. You will be asked to navigate tidal currents and paddle in surf. You will be both a rescuer as well as the person being rescued in cold water and challenging conditions. To participate in this workshop you will need to be able to spend several hours in a kayak, have the physical ability to perform self and assisted rescues and carry one end of a kayak 100 yards over uneven terrain. You should plan to come to this workshop well rested and leave very tired. We try to end at 5:00 PM each night, but at times we may stay later. If you are coming to this workshop from a distance, we recommend that you plan to sleep somewhere close by. Lodging for this workshop is at your expense. **Let us know if you need us to recommend a place to stay.**

We will be providing quality instruction, basic safety equipment and course notebooks. The course will be structured to work around the weather conditions. You will need to be fully prepared arriving each day with plenty of food and water. To enhance the quality of the program and the safety of our entire class, we ask that you bring all of the equipment on the enclosed bring list each day. If you are missing something on the bring list, please call and we will try to help you get what you need. ***This is extremely important!***

**Homework:** An outline of the course (including your teaching assignments) will be sent to each student about a week prior to the course start date. You will need to prepare one 5-minute presentation and a 15-minute presentation. Your presentations should include visual aids and get the group involved as much as possible. Your goal should be to demonstrate good teaching techniques. It is more important to us that you choose 2 or 3 points of a subject and get those across effectively rather than try to show us everything you know about the subject. Remember all presentations should be geared towards the beginner! Feel free to use books, videos, and other resources as you prepare your teaching topic. Note: Please remember you do not have to cover everything about the topic. We assign you this topic in advance so that you have the opportunity to show us your best work. We may still ask you to do an impromptu presentation on any given topic.

Please look over the ACA “to bring list” and ensure you have everything. You will be evaluated on your preparedness as an instructor.

Go to the American Canoe Association website:

[https://cdn.ymaws.com/www.americancanoe.org/resource/resmgr/sei-courses/13\\_ck\\_instcrit.pdf](https://cdn.ymaws.com/www.americancanoe.org/resource/resmgr/sei-courses/13_ck_instcrit.pdf) and review the instructor criteria and pre-requisites for an ACA Level 3 Coastal Kayak Instructor. This will give you an idea of some of the skills you will need to demonstrate as well as the environment you will need to demonstrate them in. (Please print this document and bring it with you to class.)

Please understand that to be a nationally certified instructor; one must meet the ACA requirements. Participation alone in this workshop does not guarantee certification.

To register for this course:

- 1) Please contact OLTOA and make sure that there is space available in this class.
- 2) Go to [www.oltoa.com](http://www.oltoa.com) and click on “How to register” and follow the instructions on the website.
- 3) Fill out the course registration form and medical form. Return them to OLTOA with your payment.

The workshop cost is \$475.00. If you register prior to 45 days before course start date you receive a \$25.00 discount. Early registration *payment of \$450.00 will confirm a spot for you in the class. Space is limited and we encourage you to register early! Payment is needed to hold your spot! Registration after 45 days prior to course start date is \$475.00*

Cancellation Policy: If you need to cancel:

- Within 45 days of the start date of your class you will be given a full refund
- Within 35 days of the start date of your class you will be given a 50% refund
- If you cancel after the above times no refunds will be given
  - We reserve the right to cancel any offering due to low enrollment
  - If we cancel due to low enrollment you will be given a full refund

Please feel free to contact me with any questions you may have.

Yours in adventure,

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bobmyron@live.com 207-720-0257 [www.oltoa.com](http://www.oltoa.com) Revised 12-29-19

## **"Bring List" for ACA Coastal Kayak Workshop**

### **Required:**

- Sea Kayak (with bulkheads or floatation)
- Spray Skirt
- Paddle
- Spare Paddle (may be provided by your school)
- Personal Flotation Device (with whistle attached) (may be provided by your school)
- Helmet and warm skull cap\*
- River knife or EMT Shears (or pocket knife for level 1 & 2)
- Dry Bag (Large enough for warm clothes)
- Repair kit\*
- Paddle float
- Pump
- Tow belt
- Compact waterproof flashlight\*
- Chart of the area / with some means of protecting it from the water
- Tide chart\*
- Handheld compass
- Deck mounted compass\*
- Waterproof watch
- Weather Radio\*
- Dry suit or wet suit and paddling jacket (**MUST HAVE**)
- Pogies or neoprene gloves from (October to May)
- Appropriate clothing & Footwear for paddling in 40 degree water with air temperatures of 20 degrees (Temperatures are in Fahrenheit)
- Toilet Paper & 2-Quart Tupperware Container for human waste or a WAG bag \*
- First Aid Kit \*
- Water bottles or hydration system (filled with water)
- Snacks & lunch
- Notepad and pen
- Personal resources for your presentations; books, visual aids etc.
- Anything else you feel you need to teach your material and stay comfortable
- Proof of ACA Membership (ACA Number) or \$65.00 for ACA Membership & SEIC fees
- ACA Instructor Manual

### **OPTIONAL:**

- Flares/Strobe
- VHF radio
- Binoculars
- Cash for food
- Casual clothing for classroom sessions
- Towel
- Dry gear bags for keeping spare clothing dry
- Waterproof camera (At your own risk)

\*Items not required for Level 2 IDW or ICW