



# OLTOA

Outdoor Leader Trainers of America



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Dear Kayak Enthusiast,  
Thank you for your interest in enrolling in the ACA Level 3 Skills Course and optional Skills Assessment on October 28, 29, and 30.

This course is designed as a two-fold experience.

First and foremost, it's designed for those people who would like to gain more confidence paddling in an ocean environment. The level 3 environments consist of winds from 10-15 knots, seas of 1-2 feet, 1-2 foot breaking waves and tidal currents of 1-2 knots.

Secondly the course is designed for people who have many of the skills needed for a level 3 skills assessment and would also like a chance to polish skills before being assessed.

To participate in this course, one should be very comfortable performing all basic skills in a flat water environment. Exactly what skills you will need to pass the assessment are listed online at: [https://c.ymcdn.com/sites/aca.site-ym.com/resource/resmgr/sei-courses/l3\\_ck\\_assessment.pdf](https://c.ymcdn.com/sites/aca.site-ym.com/resource/resmgr/sei-courses/l3_ck_assessment.pdf)

In 2016 the American Canoe Association made it a pre-requisite that anyone wishing to take a Level 3 Coastal Kayak Instructor Development Workshop or Instructor Certification Exam must first pass a *Level 3 Coastal Kayak Skills Assessment*. If interested in working towards instructor or trip leader certification within the ACA, this course will help individuals gain many of the skills needed to pass the level 3 skills assessment and it gives successful individuals the opportunity to meet the pre-requisite.

Please note that passing the Level 3 skills assessment is a proficiency award, not an instructor certification. This course can be taken as an opportunity for personal enrichment only or with the intent to meet the pre-requisite of passing the Level 3 Skills Assessment.

Maine is rich in opportunities for varied paddling experiences. Where we choose to paddle and exactly what the content of this program turns out to be will depend entirely on the group of students that sign up, their personal goals and the weather at hand.

We will plan to meet at the course location at 0800 sharp on the first day of the workshop. Our exact meeting location will be sent to you prior to the start date. The general working area will be Located in/around Casco Bay and the Georgetown, Maine area. All locations approximately in a 20 mile radius from Brunswick, Maine.

If you are flying in for this course and need transportation, please let us know and we will work with you to make this happen.

Outdoor Leader Trainers of America will provide instruction, a supportive learning environment, basic safety equipment and a fun learning experience. Rental kayaks and rental dry suits are available on a first come first serve basis. We will be on the water all day and you will need to bring your own lunch, snacks, and water. To enhance the quality of the program and the safety of our entire class, we ask that you bring all of the equipment on the enclosed bring list. If you are missing something on the bring list, please call me and I will try to help you get what you need.

To register for this course:

- 1) Contact OLTOA and make sure that there is space available in this class.
- 2) Go to [www.oltoa.com](http://www.oltoa.com) and click on “How to register” and follow the instructions on the website.
- 3) Fill out the course registration form and the medical form and return them to OLTOA with your payment.

The workshop cost is \$445.00. Early registration saves you \$25.00. Cost is \$420.00 if you register before September 28<sup>th</sup>. *Payment is needed to hold your spot!*

Cancellation Policy: If you need to cancel:

- Within 45 days of the start date of your class you will be given a full refund
- Within 35 days of the start date of your class you will be given a 50% refund
- If you cancel after the above times no refunds will be given

- We reserve the right to cancel any offering due to low enrollment.
- If we cancel due to low enrollment you will be given a full refund.

Please feel free to contact me with any questions you may have.

Yours in adventure,  
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[www.oltoa.com](http://www.oltoa.com)          revised 12-9-16

**Please see “To Bring list on next page”**

## **"Bring List" for ACA Coastal Kayak Workshop**

### **Required:**

- Sea Kayak (with bulkheads or floatation) (may be provided by your school)
- Spray Skirt (may be provided by your school)
- Paddle (may be provided by your school)
- Spare Paddle (may be provided by your school)
- Personal Flotation Device (with whistle attached) (may be provided by your school)
- Helmet and warm skull cap\*
- River Knife or EMT Shears (or pocket knife for level 1 & 2)
- Dry Bag (Large enough for warm clothes)
- Repair kit\*
- Paddle float (may be provided by your school)
- Pump (may be provided by your school)
- Tow Belt
- Compact waterproof flashlight\*
- Chart of the area / with some means of protecting it from the water
- Tide Chart\*
- Handheld compass
- Deck Mounted compass\*
- Waterproof watch
- Weather Radio\*
- Dry suit or Wet suit and paddling jacket (**MUST HAVE**)
- Pogies or Neoprene Gloves
- Appropriate clothing & Footwear for paddling in 40 degree water with air temperatures of 20 degrees (Temperatures are in Fahrenheit)
- Toilet Paper & 2-Quart Tupperware Container for human waste \*
- First Aid Kit \*
- Water bottles or hydration system (filled with water)
- Snacks & lunch
- Notepad and Pen
- Personal resources for your presentations; Books, visual aids etc.
- Anything else you feel you need to guide a successful day trip in October
- Proof of ACA Membership (ACA Number) or \$65.00 for ACA Membership & SEIC fees
- ACA Instructor Manual

### **OPTIONAL:**

- Flares, Strobe and Expired flares
- VHF Radio
- Binoculars
- Cash for food
- Casual clothing for classroom sessions
- Towel
- Dry Gear Bags for keeping spare clothing dry
- Waterproof camera (At your own risk)

\*Items not required for Level 2 IDW or ICW