



Dear Kayak Enthusiast,

Thank you for your interest in enrolling in the Traditional paddle making and skills workshop. Brought to you in partnership from OLTOA and Tuktu Paddles this program will help you bring your kayaking skills to a new level! Below is a rough outline to give you an idea of what topics the class will cover. Due to weather, group needs, and time constraints we sometimes move the order of things around once the workshop gets under way.

In this two-day program, our hope is to help you learn another side of coastal kayaking. Our two days together will look something like this:

Day 1 of this workshop we will spend the whole time building a Greenland paddle from a paddle blank provided to us by Tuktu Paddles of Galloway NJ. We recommend that you arrive with at least a small, sharp block plane and a set of work gloves to protect your hands from blisters and splinters. We will have all the woodworking tools needed to make a paddle on site, but things will go faster if you don't have to wait your turn for a block plane!

Day 2 we will share with you some of the history of traditional paddling as well as related equipment. There will also be enough on water time to send you home entirely water logged and very tired! If you are coming to this workshop with a solid roll, then we hope to add some new rolls to your repertoire, If you are still working towards learning your roll, then we hope to help you understand the mechanics of rolling with a traditional paddle and maybe even get you that first roll, or perhaps solidify the one that sometimes comes and goes!

Enclosed you will find some key pieces of information that will help you and us be better prepared for your workshop. Please take the time right now to read through the **entire package** and call me if you have any questions. We will ask you to fill out a release form and a medical information form on the first day of your program. The workshop cost is \$300.00. If you register early you receive a \$25.00 discount. Early registration *Payment of \$275.00 will confirm a spot for you in the class. Space is limited and we encourage you to register early! Payment is needed to hold your spot!*

Note: If you wish to take only one day of this workshop please give us a call and we will see if we can make arrangements to help you meet your goals.

We will plan to meet at White's Beach Campground in Brunswick Maine at 0800 sharp on the first day of the workshop. We will be working under the pavilion. (Directions at the bottom of page 2) To participate in this workshop you will need to be able to spend several hours in a kayak, have the physical ability to perform self and assisted rescues and carry one end of a kayak 100 yards over uneven terrain. You should plan to come to this workshop well rested and leave very tired. We try to end at 5:00 PM each night. If you are coming to this workshop from a distance, we recommend that you plan to sleep somewhere close by. Lodging for this workshop is at your expense.

Camping is available at White's Beach for a small fee. Call the campground at 207- 720-0415 to make your reservation. If you would like a warm bed and a hot breakfast we would like to Recommend Maple Hill Bed and Breakfast in Freeport Maine, only about 15 minutes away from the campground. You can call the owners Chip and Janet at 207-865-3730. Tell Chip that you are in a workshop with us and receive a 15% discount!

We will be providing high quality instruction, basic safety equipment, and some wood working tools. We will also provide a cedar paddle blank for each student. To enhance your learning experience and help you get the most from this workshop, we ask that you diligently follow the enclosed "Bring List." If you are missing something on the bring list, please call me and I will try to help you get what you need. ***This is extremely important!***

Note: Both days of this workshop will be held outside rain or shine, please bring what you need to stay warm and comfortable!

The goals of this workshop are to: help you learn how to make a wooden paddle, enhance your boating techniques, Help you learn the roll or help you solidify, or add a roll(s) to your paddling toolbox! We also hope to share with you some of the history of Greenland paddling.

Cancellation Policy: If you need to cancel:

- **Within 45 days of the start date of your class you will be given a full refund**
- **Within 35 days of the start date of your class you will be given a 50% refund**
- **If you cancel after the above times no refunds will be given**
- **We reserve the right to cancel any offering due to low enrollment.**
- **If we cancel due to low enrollment you will be given a full refund!**

Yours in adventure,

Bob Myron

Bob Myron,
ACA ITE Coastal Kayaking

"Bring List" for Greenland/Traditional Clinic

Required:

Boating

- Sea Kayak (with bulkheads or floatation)
- Spray Skirt
- Paddle
- Personal Flotation Device (with whistle attached)
- Nose Plugs
- Paddle float
- Pump
- Dry suit or Wet suit and paddling jacket
- Appropriate clothing & Footwear for paddling in a Maine pond in mid-summer
- Water bottles or hydration system (filled with water)
- Snacks & lunch
- Rain Gear and Fleece Jacket
- Sunscreen
- Sunglasses with safety strap
- Nose Plugs

Wood working

- Block Plane with a *sharp* blade (Both Stanley and Buck make a good 6" plane that can be purchased at Home Depot for about \$20.00)
- Work Gloves
- Notepad and Pen

OPTIONAL:

Boating

- Nose Plugs (Yes, we know they are on here three times! ☺)
- Swimming face mask or goggles
- Scuba tank (just kidding!)

Wood working

- Spoke shave or Draw Knife
- Electric orbital Sander with Sandpaper
 - 100 grit
 - 150 grit
 - 180 grit
- Small Picnic Table Bench to work on
- Extension cord

Other

- Towel
- Spare clothing for ride home
- Camp Chair

Other optional wood working items:

- C- Clamps
- Orbital sander
- Wood Rasps
- Tape Measure
- Combination square or speed square
- Pencil

